

Rooting Youth Service Experiences: A Practical Guide





Mission

To provide a resource for parish catechetical leaders, Confirmation coordinators, Catholic School educators, youth ministers and high school campus ministers to assist in developing meaningful and comprehensive service experiences for youth.

Vision

Service experiences for youth will be grounded in the spiritual and social dimensions of the faith. Youth will have significant opportunities for encounter with Jesus Christ by actively engaging with those they serve and reflecting on their experience through prayer, dialogue and theological reflection. These experiences will plant seeds, nurtured by the gifts of the Holy Spirit such that youth will heed the call to continue serving, even after Confirmation.

Introduction

Working with youth is an essential ministry of the church, one that requires much energy and dedication. The youth are situated in an interesting point in life, a time of growing and maturing, a time of walking and falling, and a time of learning and questioning. The Church and the community are entrusted with their care and upbringing from the moment of baptism, fostering the faith by actively engaging them through learning and service. Faith begins at home, the Second Vatican Council taught, with the family as the "Domestic Church" where the youth first encounter the faith and the values of the Christian life. These are embodied and affirmed through the witness of the parents in their own lives.

Youth, however, must venture into the world, letting faith mature on their terms through their daily experiences and relationships they develop. Parish catechetical leaders, Confirmation coordinators, Catholic school educators and youth ministers have a tremendous opportunity to accompany the youth during their teenage years. It is critical to recognize the following challenges: the secularization of society, an increasing reliance and infatuation with technology, morality obscured by the values exhibited in popular culture, a growing skepticism of the faith, a movement towards relativism, and a view of the sacraments of initiation as tasks to accomplish.

Ministers today are seeking innovative and creative ways to weave the beauty of the Catholic faith into the lives of the youth. There is a thirst to learn and experience, yet ministers must communicate the faith in a way that is accessible and leaves room for youth to challenge their faith, realizing that life is not always black and white. This resource seeks to draw upon the common concerns in catechesis, sacramental preparation, and evangelization of youth by exploring the spiritual and social dimensions of the faith that are essential to their formation. Ministers will also acquire best practices in service ministry through the experience of other ministers in the archdiocese. Additional resources such as literature, volunteer opportunities and training will be available so that ministers will have greater opportunities to incorporate social justice into the service experience.

Fundamental to our understanding of service experience, is encounter. We recall the encounter between doubting Thomas and Christ in John 20, where it was not until Thomas touched the wounds of Christ did he come to believe, crying aloud "My Lord and my God." The Lord then

¹Second Vatican Council, Lumen gentium, 11; cf. Apostolicam actuositatem, 11.

replied, "Blessed are those who have not seen and have believed." The kerygma, or the heart of Christ's message, is an invitation to see him amidst the poor and vulnerable as we are reminded in Matthew 25, "Amen, I say to you, what you did not do for one of these least ones, you did not do for me." Encounter is an opportunity for conversion. Christ calls us out of ourselves, our comfort zones, to truly see him in the ones we are serving.

As a leader, great care should be placed upon choosing service opportunities that are both meaningful and impactful to the community being served, yet stay true to Catholic social teachings. The Corporal Works of Mercy "are the charitable actions by which we help our neighbors in their bodily needs." (USCCB) Through the Corporal Works of Mercy, Jesus gives us the blueprint for serving and entering into community with our brothers and sisters.

Questions to consider when choosing a location for service:

- Is the location representative of the population that you wish to serve?
- Will the youth have opportunities for meaningful interactions with those they serve?
- Will the youth and chaperones be safe during the service experience?
 - Check out the neighborhood crime statistics with <u>Crime Reports</u>
- Are there hospitals or health clinics nearby in case of emergencies?
- Are there general stores or groceries nearby in case additional supplies are needed?
- If the service experience is more than a day, can the location accommodate youth and chaperone to stay over (i.e. parish hall or rectory)?

Questions to consider when choosing a project:

- Does this project fall under one of the **Corporal Works of Mercy**?
 - Feed the hungry
 - Give drink to the thirsty
 - Shelter the homeless
 - Visit the sick
 - Visit the imprisoned
 - o Bury the dead
 - o Give alms to the poor
- Does this project provide the opportunity to truly enter into community with others?
- How will this project allow youth to grow their faith and embrace their call to discipleship?
- Can youth return to this site or project on their own? With their peers? With their family?

Preparing for a Service Experience



Before the Experience

- Get to know one another
 why are you here?
- Learn about social justice issues in the community you are going to visit
- Group vision what are your hopes for the trip?
- Trip expectations



During the Experience

- Routines for start, middle, and end of the day
- Priorities: learning, conversing with locals, praying as one community
- Emphasis on accompaniment
- Get out of comfort zone



After the Experience

- Integrate experience into daily life
- Two feet of love: charity and social justice
- Practical ways of living in solidarity with own community
- Check in after one week, one month, and one year after experience

FIRST STEPS (BEFORE THE EXPERIENCE)

Prayer by St. Teresa of Avila

Let nothing disturb [us]. Let nothing frighten [us]. All things pass. God does not change. Patience achieves everything. Whoever has God lacks nothing. God alone suffices.

Christ has no body now on earth but [ours]; no hands but [ours]; no feet but [ours]. [Ours] are the eyes through which the compassion of Christ must look out on the world. [Ours are the feet with which He is to go about doing good. [Ours] are the hands with which He is to bless His people.

In order to ensure the success of a service opportunity for youth, it is important to have the details of the event clarified. It is also imperative that youth are well prepared for the experience prior to participation.

- Get feedback from youth you work with as to what demographic they may wish to encounter in a service experience (children, elderly, homeless, etc.)
- Visit site prior to bringing the youth and ask the following questions:
 - What types of outreach/programs do you offer to the population being served?



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- How best can we help you in your mission?
- Is there a way we can partner to support you in an on-going fashion? This may allow continued projects at an offsite location such as the church.
- Basics how many people should come, such that all volunteers will be actively engaged?
 - How many adults should come?
 - How can we best educate our young people about your population? (misconceptions, special needs, obstacles, current statistics, . . .)
- Prepare youth for challenges that may arise:
 - Realistically prepare them for the environment they are entering sights, sounds, smells. This will not only increase their comfort level but prevent sensory overload.
 - O Discuss the population you plan to visit. What prejudices might exist and discuss why this is so. How does society/media portray this group? How can you have an open mind as you interact with this group?
 - Share fears and expectations.
 - Discuss how the youth can support one another during the experience.
 - Brainstorm any challenges that may occur and develop strategies for handling these.
 - Inform youth that they will be asked to reflect upon their experience so they may begin looking deeply at the interactions and experiences they'll be having.
- Set expectations of the youth:
 - This is time to immerse oneself not only in a new culture, but another's life.
 - The priorities are to learn, talk with the locals, and pray and work as one community.
 - What do you hope to accomplish? Outline goals and outcomes for the service experience.
 - Do you bring any specific skills that will be used in the service experience?
 - Take time to learn about the local community. What language is spoken? What social justice issues do they face?
- Choose one or two "student leaders." Youth typically follow the lead of influential peers and this will also provide good growth opportunities for student leaders.
- The emphasis of every service opportunity should be focused on interactions with those who are being served. Even if the youth are just stocking shelves at a food pantry, or other manual labor sites, try to have a supervisor come and share about how the site is run. It would also be very beneficial to have a visitor who helps at the site, or a recipient of the services share their thoughts and reflections.



During the Experience

- Routines for start, middle, and end of the day
- Priorities: learning, conversing with locals, praying as one community
- Emphasis on accompaniment
- Get out of comfort zone

NEXT STEPS (DURING THE EXPERIENCE)

<u>Making Room at the Table</u> by Carole Garibaldi Rogers and Mary Ann Jeselson

O loving God, you nourish and sustain us. We thank you for the gift of food, which nourishes life. You continue to be with us in so many and marvelous ways, nourishing and sustaining us always with food that gives life to all the aspects of our being.

Help us to use the many ways in which you nourish us as sources of unity and life for all of your people. Allow us to grow in sensitivity to the plight of those who are hungry, alone, frightened, shut out, uninvited, unwelcome.

What occurs during the service experience will have a profound effect on how youth encounter Jesus through the people they are working with. Below are some suggestions for how to ensure that the experience is positive and meaningful to all involved.

- Establish a routine that incorporates reflection for the start, middle, and end of the experience:
 - o Start
 - What time will everyone be expected to leave and from where?
 - Be sure to start the day with prayer (Mass is ideal, but that depends on whether the community has access to a priest). If this is a partial day experience, begin with a simple prayer, being sure to not only include the target population, but the youth as well.
 - Run through the the itinerary for the day specify the locations to be traveled, tasks to be done, and people they will be meeting.
 - Provide an opportunity for the youth to ask questions and share any fears or nervousness with the group.

Middle

- Encourage the youth to engage those they are serving through conversation. Here is a list of conversation starters that youth can view ahead of the experience to help them in engaging those they will be serving. If applicable, set time to eat together for a meal. Also encourage youth to sit with someone new and with those they are serving (if possible).
- Limit the youth's time on their phones and emphasize that this is an <u>immersion experience</u>. Depending upon the location of the activity, it is often better if cell phones are left in vehicles.
 - Consider saying "no technology at all except adult chaperone in case of emergency."

o End

■ Set aside some time for a group reflection which incorporates prayer, faith sharing, and Scripture. This can be as simple as a group prayer on site or

- upon returning home.
- Some key questions to ask: Who did you encounter today? Were you at all hesitant to encounter others? What were some blessings/challenges you experienced? Given the time constraints of many families, the initial debriefing may occur on the journey home. These are wonderful conversation starters to have initially with the youth on the way home, if the timing does not allow for a full debriefing.
- Remember that every individual will process their experience differently. Give time for the youth to be on their own or with their peers. Provide the youth with a simple <u>reflection sheet</u> that they can take home and continue to process their experience or provide journals with reflection exercises.
- Chaperones should always put themselves in the position of encouraging the youth model appropriate behavior, yet allow the youth to lead with support.
- Hold the youth accountable for their commitment to the service experience. If youth are found misbehaving or not engaged in the service, chaperones are encouraged to take the youth aside to check in with them.

FINAL STEPS (AFTER THE EXPERIENCE)

Prayer by Catholic Relief Services

Loving God, We pray in thanksgiving for all of our blessings. And we thank you, especially for the community gathered and for everyone we met on our trip. We ask that we will not allow the experience we had the stories of those we encountered and a deeper understanding of the poverty that many people face - to fade with our memories of the experience.

Transform us so that we are forever changed by our experience, and will bring it with us wherever we go. Make us witnesses to your Gospel message to care for the poor and oppressed. Fill us with the strength to be faithful to this message even in the small things. We ask this in Jesus' name. Amen

The ways in which youth grow and develop in their faith after a service experience can be as powerful as the way in which they grow during the experience. Take advantage of the many ways to continue their faith journey even after the service experience. It is critical to spend time with rich conversation in debriefing with the youth.

- Pose the following questions to open up reflection and discussion:
 - Highs and lows of the experience (start easy to get the ball rolling)
 - Who was the face of God for you today?
 - For whom were you the face of God?
 - What most surprised you about this population? (recall prejudices discussed prior



After the Experience

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to the visit)

- Give opportunities for the youth to share their experiences
 - Witness talks
 - At the end of Mass
 - During Confirmation sessions
 - With younger students in the faith formation program
 - At parish social functions
 - Reflection essays
 - Upload to parish website
 - Print in parish bulletin

Best Practices

When planning service opportunities and mission trips for youth, it is imperative to intentionally weave the ecclesial and spiritual dimensions around the actual engagement experiences. Our U.S. Bishops' Committee on Evangelization and Catechesis caution against facilitating "poverty tourism." Our explicit efforts to wrap the themes of Catholic Social Teaching and the Works of Mercy around service experiences helps draw the connections between service and justice for youth.

Verify that chaperones assisting with the service experience have gone through proper training:

- Sexual Abuse Awareness Training for Adults
 - Virtus Online
- Archdiocese of Hartford Office of Safe Environment Handbook
- Sexual Abuse Awareness Training for Children and Teens
 - Child Lures Prevention Program
 - Teen Lures Prevention Program
- Contact Kathleen Nowosadko with any questions regarding Safe Environment concerns

Verify that all proper paperwork is filled out and collected from youth:

- Field Trip Permission Form
- Fill out Chaperone Compliance Form
- Provide chaperones with an emergency contact list
- Arrange drivers to transport youth
 - Fill out Volunteer Driver Form
- Develop a contingency plan for inclement weather make these arrangements with service site ahead of time.
- Develop a cell phone policy for your youth. It is strongly recommended that students do not bring cell phones into the service site, and only adult chaperones should carry cell phones.
- Verify that students' vaccinations (especially tetanus) are up to date.

Designing a Service Experience

One of the most challenging parts about youth service experiences is designing a meaningful opportunity. Here are suggestions that will help you as you go about your planning:

Working in the community

- Remove debris from any place that experiences continued collection
- Painting fences
- Conduct a neighborhood drive to collect used furniture
- Work with local organizations like Habitat for Humanity, Boys and Girls Club

Work with local schools

- Working with the elderly
- Visit with elderly at a nursing home
- Help an elderly neighbor (mowing the lawn, pulling weeds, shoveling the snow)
- Help out at Senior Centers

Working with the homeless

- Prepare sack lunches and deliver them to those living on the streets
- Collect other items to to deliver to homeless shelters (blankets, sheets, towels, toys, books, disposable diapers)
- Hold a clothing drive to collect cold-weather clothing

Working with a shelter or food bank

- Volunteer to help prepare or serve food at a shelter
- Volunteer to help with repairs or maintenance at the shelter
- Hold a food drive
- Collect grocery coupons to give to a local food bank

Working with the environment

- Grow a parish garden or work at a community garden
- Work with neighborhood or community to clean up abandoned building
- Volunteer to help with neighborhood curbside recycling pick-up
- Plant trees, flowers, or other vegetation in vacant spots around the neighborhood
- Hold a recycling contest

Working with literacy and education

- Try tutoring at learning centers or afterschool programs
- Collect used books to give to a hospital, nursing home, shelter, or preschool
- Read aloud to a person who is visually impaired
- Organize a reading hour for children at a local school or library
- Teach English, Spanish, or another language to those who need learning
- Tutor other people in any skill or talent

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Working with persons with disabilities

- Volunteer at a Special Olympics event
- Volunteer at a rehabilitation center learn about patients with special needs
- Volunteer to help with your parish Faith Formation program, to assist children with special needs
- Begin a "Mass Buddy" program....where teens can sit with children with disabilities during Mass to help parents, especially those who have other children to tend to

Working with youth in the neighborhood

- Set up a buddy system at your parish or school for kids with special needs
- Volunteer to work with children at risk of suicide, alcohol, or other drug use, gang involvement, pregnancy, running away, and other problems
- Volunteer at a YMCA, YWCA, Boy/Girls Scouts, Boys'/Girls' Club
- Organize a safety walk system to escort young children around the neighborhood or to and from school

Source:

Lewis, Barbara A. The Kid's Guide to Service Projects: Over 500 Service Ideas for Young People Who Want to Make a Difference. Free Spirit Publishing. 2009

- Click here for a list of service projects that are categorized by the Corporal Works of Mercy.
- **▶** Click <u>here</u> for info on the Catholic Campaign for Human Development (CCHD) multimedia contest, which links **education for justice with advocacy**.

Resources

Articles

- U.S Catholic
 - o If heroism is driving your mission trip, stay home Michael Gabe
- Catapult magazine
 - Short Term Missions: Are they worth the cost Jo Van Engen

Books

- Connell, SJ, Martin and Connors, Christiane. *Whatsoever You Do: Helping Students Think Deeply About Service Experience*. National Catholic Education Association. 2009.
- Jambor, Mary Beth. *Helping Kids Live Their Faith: Service Projects that Make a Difference*. RCL Benziger. 2017
- Lewis, Barbara A. The Kid's Guide to Service Projects: Over 500 Service Ideas for Young People Who Want to Make a Difference. Free Spirit Publishing. 2009
- McCann, Deborah. What Pope Francis Says About Service: 30 Days of Reflection and Prayers. Twenty-Third Publications. 2016.
- Meuser, Bernhard. Docat: Catholic Social Teaching for Youth. Ignatius Press. 2016.
- Schlag, Martin. *Handbook of Catholic Social Teaching: A Guide for Christians in the World Today*. The Catholic University of America Press. 2017.
- Weber, Kerry. Mercy in the City: How to Feed the Hungry, Give Drink to the Thirsty, Visit the Imprisoned, and Keep Your Day Job. Loyola Press. 2014.

Educational

- Catholic Relief Services
 - Prayers and Reflections for the Journey a participant manual designed to accompany Catholic Relief Services' Resources for Short Term, International, and Immersion Trips
- Maryknoll Fathers and Brothers <u>Discover Your Neighbor</u>: <u>Mission Education Program</u>
 - Free online resources on the following topics:
 - Care of creation
 - Migration
 - Economic justice
- United States Conference of Catholic Bishops
 - o The Two Feel of Love in Action, facilitator's guide

Organizations

- Young Neighbors in Action weeklong service learning program for middle school, high school students, and adults by the Center for Ministry Development
- <u>Catholic HEART Workcamp</u> CHWC provides all you need to offer your young people a
 positive life-changing experience. You prepare at home and once you arrive, a team of
 college-aged students, a manager local to the area, a director from the home office, a
 priest to celebrate liturgy and the sacraments, and a volunteer nurse are all ready to serve
 you so that in return, we are able to serve together.

Websites

- OfficeforCatholicSocialJusticeMinistry-YouthandYoungAdults
- The Center for Catholic Education and Formation Youth Ministry
- CatholicReliefServices-ResourcesforServiceandImmersionTrips
- EducationforJustice
- <u>UnitedStatesConferenceofCatholicBishops-JusticePeaceandHumanDevelopment</u> (Youth Section)

Appendix

Outreach Opportunities in Hartford County

Gifts of Love
Nancy Carlson
34 East Main St.
Avon, CT
860-676-2323
Offers short-term programs and education to working individuals and families suffering financial crises in the Greater Hartford Area.
The House of Bread
Ask for Margaret or Grace
1453 Main St.
Hartford, CT
860-724-1061
Provides food, housing, education, medical/psychological, and legal services to economically disadvantaged residents in the Hartford area
Immaculate Conception Shelter
(ImmacCare, Inc.)
Teresa Wierbicki
1868 Hungerford St.
Hartford, CT
860-724-4823
Strives to eliminate homelessness in the Hartford area by creating safe, affordable housing and developing the soft skills of those experiencing housing crisis.

Covenant to Care

Dave Santis 1477 Park St. 2A Hartford, CT 860-243-1806

dsantis@covenanttocare.org

Provides direct assistance to children in Connecutict who are are neglected, abused, and/or impoverished.

Knox, Inc. Headquarters

75 Laurel St. Hartford, CT 06106 860-951-7694

https://www.knoxhartford.org/volunteer/

Uses horticulture for community engagement to forge partnerships with residents, business, government to build healthier and more beautiful neighborhoods in Hartford

The Crisis Pregnancy Center

Deborah aws 30 Mill Street Unionville, CT 06085 (860)-673-7397

 $\underline{DLaws@TheCrisisPregnancyCenterCT.org}$

A Christian pro-life center that assist women in making life-affirming plans to keep and parent their babies or adoptions plans through compassionate and spiritual support.

Hands on Hartford

Wanda Guzman 55 Bartholomew Avenue Hartford, CT 860-706-1507 wguzman@handsonhartford.org

Provides food, housing, and health services to needy residents in Hartford with the help of volunteers and community partnerships.

Klingberg Family Centers

Krystal Crockett 370 Lynwood St. New Britain, CT 860-832-5519

krystal.crockett@klingberg.org

Provides hope and healing to children and families traumatized by abuse, neglect, severe family problems, and mental health issues.

My Sister's Place

102 Pliny St. Hartford, CT 860-895-6633

ejohnson@sistersplacect.org

Provides transitional services such as meals, housing, medical care, financial management for homeless men and women with children.

Prudence Crandall Center for Women

Tyshaunda Wiley 594 Burritt St. (860) 225-5187 ext. 32 twiley@prudencecrandall.org

Provides comprehensive care to victims of domestic violence through care, advocacy, support, and education

Catholic Charities (Immigration Services)

Kimberly May-Bailey 35 Groton St Hartford, CT 860-297-7800

Offers support for incoming and current refugee/migrant individuals and families through refugee resettlement, immigration, employment, and ESL services.

South Park Inn

Dick Lusso 75 Main St Hartford, CT

dlusso@southparkinn.org

860-724-0071

Assists homeless people by improving their life situation and providing temporary/ long-term housing and supportive services.

Habitat for Humanity

500 Cottage Grove Rd. Bloomfield, CT

Volunteer@hartfordhabitat.org

860-541-2208

Dedicated to eliminating substandard housing in the Hartford area through constructing, rehabilitating, and preserving homes.

Chrysalis Center, Inc.

Maryellen Shuckerow 255 Homestead Ave. Hartford, CT 06105 860-263-4400

mshuckerow@ChrysalisCenterCT.org

A multi service organization that serves individuals and families living in Connecticut.

Elizabeth Park Conservancy

1561 Asylum Avenue West Hartford, CT 06117 860-231-9443

volunteer@elizabethparkct.org

Partners with the City of Hartford to main and preserve Elizabeth park.

Riverfront Recapture, Inc.

50 Columbus Boulevard, 1st Floor Hartford, CT 06106 860-713-3131

http://www.riverfront.org/get-involved/volunteer

Connect residents in the Hartford Country to the Connecticut River through different recreational programs such as parks, art, and adventure programs.

A Hand Up, Inc.

West Hartford 860-424-2980

https://ahandupinc.org/

Helps people transitioning from homelessness to independent living by distributing and repurposing household items.

Outreach Opportunities in New Haven County

Amistad Catholic Worker House

Mark and Luz Colville 203 Rosette Street New Haven, CT 203-624-5517 www.amistadcw.wordpress.com

A community of lay Catholics that work with children and families in the New

Columbus House Emergency Shelter

586 Ella T. Grasso Blvd. 203-401-4400 info@columbushouse.org

Provides shelter and housing for those in need, in addition to fostering personal growth and independence.

Haven area to provide a safe haven and a place to gather.	
Integrated Refugee and Immigrant Services	Midnight Run Center Church 84 Broadway
235 Nicoll Street 2 nd Floor New Haven, CT 06511	New Haven, CT 0 6511 203-865-6354 ccmail@christchurchnh.org
203-562-2095 <u>info@irisct.org</u>	www.christchurchnh.org This is an outreach ministry for the homeless.
www.irisct.org Provides services to refugees including English lessons, education and youth programs, employment services.	
St. Francis and St. Rose of Lima School	St. Ann Soup Kitchen
423 Ferry St. New Haven, CT 203-777-5352	930 Dixwell Avenue Hamden,CT 203-562-5700
	Provides hot meals for those in need.
Springs Learning Center Sr. Margaret Mary Kennedy, O.P. 115 Blatchley Ave. New Haven, CT Tutor/ESL/Reading www.springslearning.org Provides English as a second language lessons to the Hispanic/Latino population of New Haven area.	Master's Manna 428 S. Cherry St. Wallingford, CT 203-678-3042 http://mastersmanna.org/ Serves residents and homeless in Wallingford, Meriden, and Cheshire, by finding local resource from other towns. Services include: food pantry, cooked meals, shower and laundry, clothing and supplies pantry, vocational and education training, and a community health center.
St. Francis Food Pantry 397 Ferry St. New Haven, CT 203-777-5356 Food pantry, located in the parish hall next to the school.	St Thomas More Center 268 Park St New Haven, CT 203-777-5537 https://stm.yale.edu/act The Catholic Center at Yale University which has opportunities to assist in the soup kitchen (Wednesdays), prayer center for Catholic Yale students, and other services projects.

New Reach – Live Haven Shelter

447 Ferry St New Haven, CT Part of New Reach, Inc. http://newreach.org/

Provides a full spectrum of housing services for at-risk families, youth, and individuals from eviction prevention to the development of supportive and affordable housing.

Miller Memorial Community

360 Broad St #1 Meriden, CT 203-237-8815

http://www.millercommunity.org/

A residential community that provides health care and rehabilitative care to older adults in the Meriden area.

Mary Wade Home

118 Clinton Ave New Haven, CT 203-562-7222

https://marywade.org/

An organization that seeks to provide high quality medical care, social programs, and supervised residential services. The campus includes a nursing home, hospice, adult day care, and Alzheimer's and Parkinson's programs.

MidState ARC

200 Research Parkway Meriden, CT

https://thearcct.org/the-arc-of-meriden-wallingford/

A membership agency that provides comprehensive, full-service, community-based opportunities for people with disabilities in Central Connecticut.

Emergency Shelter Management Services

645 Grand Ave New Haven, CT 203-777-2522

http://esmsshelter.org/

Established in 1989, provides assistance to the homeless population in the New Haven area, specifically for male residents. Services include access to transitional and permanent housing and coordinated services.

Connecticut Food Bank

2 Research Parkway Wallingford, CT 203-469-2000 <u>cfb@ctfoodbank.org</u> http://www.ctfoodbank.org/

Provide food assistance to people throughout the State of Connecticut. Food and resources are provided through a network of community based programs, serving adults and children in Fairfield, Litchfield, Middlesex, New Haven, New London, and Windham counties.

Outreach Opportunities in Waterbury

Acts 4 Ministry 1713 Thomaston Avenue Waterbury, CT 06704 (203-574)-2287 info@acts4.org http://acts4.net This organization collects and distributes household items for those in need.	Carolyn's Place: Pregnancy Care Center 137 Grandview Avenue Waterbury, CT 06708 (203)-597-9050 http://www.carolynsplace.net/ Provides support for those faced with an unplanned pregnancy.
Habitat for Humanity – Great Waterbury P.O. Box 1881 Waterbury, CT 06722 (203)-596-0014 http://www.waterburyhabitat.org/info@waterburyhabitat.org Builds and restores homes for low income families.	Literacy Volunteers of Greater Waterbury 267 Grand Street Waterbury, CT 06702 (203)-754-1164 http://www.lvgwct.org/vvowe@waterburyct.org Teaches English literacy and promotes family literacy for those in need.
Safe Haven of Greater Waterbury 29 Central Avenue Waterbury, CT 06702 (888)-568-8332 http://www.safehavengw.org/ info@safehavenofgw.org Provides a safe and caring environment for victims of domestic violence.	St. Vincent DePaul Mission of Waterbury 34 Willow Street P.O. Box 1612 Waterbury, CT (203)-754-0000 info@svdpmission.org http://www.stvincentdepaulmission.org/ Works with the poor, homeless and hungry to provide support, food and shelter.
The Arc, Waterbury 1929 East Main Street Waterbury, CT (203)-575-0707 http://www.waterburyarc.org/ Assists individuals with intellectual disabilities so they may learn, work and participate in their communities.	Waterbury Youth Services 83 Prospect Street Waterbury, CT 06702 (203)-573-0264



"Dear young people, do not bury your talents, the gifts that God has given you! Do not be afraid to dream of great things!" - Pope Francis



